

March Brain Boosters



You found a pot of gold! Pick it up and squat with it 10 times.

Leprechaun starts with the letter 'L'

Whisper words that start with the letter L. Jump each time you whisper a word.

G-R-E-E-N On St. Patrick's day, some folks wear green. Hop on one foot and whisper spell the word green.

St. Patrick's Day Parade

Pretend you're part of the parade. March in place and skip count by 5s to 50.

> Images courtesy of: www.mycutegraphics.org Images © Jax & Jake. www.teacherspayteachers.com/Store/Jax-And-Jake

www.grfitkids.org

jumping jacks!

Greater Richmond Fit4Kids •

* * * * * * * * * * * *

@grfit4kids