Being Great at Doing Good

A shoutout to local nonprofits — from their peers, plus an interview with a nonprofit fixer and tips on smart giving

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May 9, 2016 12:10 PM

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Fit4Kids — They have done a fantastic job of moving from a startup to a fast-growing organization having a big impact on kids’ lives in the schools they serve. While many organizations focus on childhood health, none were solely focused on encouraging healthy eating and regular physical activity to promote healthy weights among children, many of whom live in underserved parts of our community.