



## Physicians donated sports equipment to Fit4Kids

Citizen Staff Reports

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**Logan Ferguson, relationship manager for Advanced Orthopaedics, she hands the "keys" to the room full of sports equipment to Mary Dunne Stewart, executive director of Greater Richmond Fit4Kids.**

The physicians at Advanced Orthopaedics invited the team from Greater Richmond Fit4Kids to their Shrader Road location in Henrico Nov. 1 to present them with more than 500 pieces of sports gear and equipment collected from the community. The equipment will be distributed to local children who do not have access to appropriate sports equipment to help them live a more active and healthy lifestyle.

Donations were accepted at the Advanced Orthopaedics and Ortho On-Call

locations and several other sites through Oct. 31. Fit4Kids is a local non-profit dedicated to improving the health and wellness of children by increasing physical activity and promoting healthy eating.

"Advanced Orthopaedics is excited to have yet another way to give back to the community with AdvanceItUp," said Dr. Kenneth Zaslav, president of Advanced Orthopaedics and a sports medicine specialist. "Our goal is a more active and healthy youth in Richmond achieved by providing gently used sporting equipment to area children lacking the resources. This will help make group sports and organized physical activity a more regular occurrence in their lives."