

# Animal Adaptations Action

## Purpose & SOL

- The students will review animal adaptations and examples of animals for each adaptation.
- Science 3.4

## Materials

- 4 types of animal adaptation signs printed and hung in each corner of the room
- 1 copy of the animal cards  
Make your own cards or find cards on Teachers Pay Teachers  
<https://www.teacherspayteachers.com/Product/Animal-Cards-58-Labelled-Picture-Cards-714067>

**Length**  
25 min.

## Introduction

Before beginning the game, review the animal adaptations the class will be practicing and assign each a movement:  
Migration- flap your wings  
Hibernate- squat down and close your eyes  
Camouflage - choose one movement as a group (ie: jumping jacks)  
Mimicry- turn to face someone and mirror their movements

## Implementation

## 4 Corners

- 1) On the count of 3, the entire class will walk around the room clockwise, and repeat the saying, “Animals, adapt, to their environment to survive! Animals, adapt, to their environment to survive”
- 2) Keep repeating and walking until the teacher rings a bell. Students must quickly and quietly move to the corner they are closest to.
- 3) The teacher will hold up an animal picture card and show it to each group. If the group thinks the animal in the picture is showing their adaptation, they will do the assigned move (from the warm up).
- 4) If the group does not think the animal is showing their adaptation, they will jog in place.
- 5) Have a student explain why the picture describes the adaptation, and do the coordinating exercise as a class.
- 6) Begin repeating the saying and walking clockwise, until the teacher rings the bell for the next animal card.
- 7) Continue until all animal picture cards are reviewed.

## Cool Down

Call groups to migrate back to their seat. In a whisper voice, repeat the saying and stretch up and down.

## Modifications

Use these cards as a relay sort.



# Migrate

Flap your wings!

# Hibernate

Squat down and  
close your eyes!

# Camouflage

Choose an exercise for  
**EVERYONE** to do together!

# Mimicry

Face someone and mirror their  
movements!