

## Purpose & SOL

- Students will listen to a story, act it out with their bodies and then compose an “I can” statement.
- Language Arts K.1a, K.3e, K.12, 1.1e

## Materials

- *From Head to Toe* by Eric Carle
- Chart paper to record student responses

**Length**  
25 min.

## Introduction

To warm students up for the story take time to stretch. Start by reaching up high then dive down low. Then, sit down on the carpet nice and slow. Open hands, shut hands, open hands, shut hands then put them in your lap. Finally, the teacher will review the parts of a book, make predictions, and take an actual picture walk through the book.

## Implementation

## Exercise the Answer

1. The teacher will introduce the text and that there are animals using their bodies. Students will know to stay in their space and that if they are too silly to participate, they will be asked to sit at a desk until they are ready to return to the story space.
2. The teacher will read the story, prompting students to act out movements and make predictions that corresponds with the text.
3. When the story is over, the teacher will ask the students what was special about the text. Prompt students to recall what they have read and what the animals can do.
4. Each student will determine something that they can do with their bodies. Generate several ideas and act them out as a class (ie: I can run like a dinosaur). They will either write their own statement or record it on a class chart depending on time. Students will be encouraged to act out what they can do with their bodies.
5. After students have written their statement and illustrated their text ask students to share and act out their movements as a class.

## Cool Down

Close with a quiet stretch and a classmate high five as quiet as can be.

## Modifications

You can either have students write their “I Can” sentence individually or the teacher can just write it on the class chart paper.

