

**Purpose & SOL**

- Students will review short vowel sounds with a simple song incorporating body movement with vowel sounds.
- Language Arts K.7, 1.6

**Materials**

- “Vowel Boogie” poster lyrics adapted from Ms. Ford at: <https://www.teacherspayteachers.com/Product/Short-vowels-Shake-it-short-vowel-sounds-poem-214962>
- optional: background music

**Length**  
10 min.

**Introduction**

Review the vowels and make the letters with your body. A – Palms together overhead. Feet extended. E – Extend arms straight to the right and stick out right foot. I – Arms straight overhead. O – Circle arms overhead. U – Arms curved up in the air. Repeat this a few times.

**Implementation****Exercise the Answer**

1. Read the Vowel Boogie song to the students.
2. Add your own beat to the song and show them each part of their bodies they will be moving.
3. Sing the song together and move as follows:
  - a-e-i-o-u Shake ‘em, shake ‘em out of you! (shake your arms and legs) a-a-a-a-a shake, shake, shake your arm (shake both arms)
  - e-e-e-e-e shake, shake, shake your elbow (shake both elbows)
  - i-i-i-i-i shake, shake, shake an inch (shake and move forward a baby step) o-o-o-o-o shake, shake, shake opposites (shake opposite arm and leg)
  - u-u-u-u-u shake, shake, shake up (reach both arms and jump up)
  - a-e-i-o-u shake ‘em, shake ‘em out of you! (shake your arms and legs)

**Cool Down**

Quiet the lesson by singing the song softer and softer with smaller and smaller movements. Then, students take their arms up over their heads and a deep breath in. Repeat the deep breath 4 more times.

**Modifications**

Pair this song with a short vowel sort. Students must match a picture or word to a vowel sound.



# Vowel Boogie

a-e-i-o-u Shake 'em, shake 'em out of you!

a-a-a-a-a shake, shake, shake your arm

e-e-e-e-e shake, shake, shake your elbow

i-i-i-i-i shake, shake, shake an inch

o-o-o-o-o shake, shake, shake opposites

u-u-u-u-u shake, shake, shake up

a-e-i-o-u shake 'em, shake 'em out of you!