

## Purpose & SOL

- The students will relay to collect letters and create as many words as possible.
- Language Arts 1.6, 2.5, 2.13, 3.3, 3.10, 4.8, 5.8

## Materials

- Vowel strip (A, E, I, O, U) - one per group of 4-5 students
- Letter cards set up in the middle of the room
- One sheet of paper per group
- One pencil per group

**Length**  
25 min.

## Introduction

Review the vowels and make the letters with your body. A – Palms together overhead. Feet extended. E – Extend arms straight to the right and stick out right foot. I – Arms straight overhead. O – Circle arms overhead. U – Arms curved up in the air. Repeat this a few times.

## Implementation

## Relay

- 1) Split the class into groups of 4-5 students. Each group needs an area to work, a vowel strip, paper, and a pencil.
- 2) Explain that the game will be played as a relay. One student from each group will hop, skip, jump, etc. over to the center of the room where the letter cards are scattered. They will choose one card, hop back to their team, and place the card in a pile on the table.
- 3) The next team member is allowed to go when the first one returns.
- 4) Students will continue to go until time is called (3-5 minutes?)
- 5) Once time is up, students will sit in a circle with their group. Put the timer on the clock again and explain that they will have 5-10 minutes to use their letter cards and vowel strip to come up with as many words as possible. Letters can be used more than once.
- 6) A recorder in the group will write down all of the words they've created.
- 7) When time is up, instruct students to count up how many words they made. As a group they will do that many jumping jacks.
- 8) Have groups count up their longest word, word with the most syllables, double vowel words, etc. Instruct them to do an exercise for each one (squats, high knees, sky punches, cross crawls).

## Cool Down

Instruct each group to choose their longest word. As a whole class, perform different stretches while quietly spelling each group's word.

## Modifications

For older grades, use vowels and consonants in the letter cards. For lower grades, use consonants only.

Use this same concept for math facts (substitute vowel strip for +, -, x, / and have number cards).



A

E

I

O

U

A

E

I

O

U

A

B

C

D

E

F

G

H

I

J

K

L

M

N

O

P

Q

R

S

T

U

V

W

X

Y

Z