

Antonym, Synonym, Homophone Fitness

Purpose & SOL

- The student will determine if the pair of words are synonyms, antonym, or homophones.
- Language Arts 3.4a, 3.4b, 4.4b, 5.4c

Materials

- Recording sheet (see attached)
- Synonyms, antonym, or homophones exercise signs or print and laminate these to use
- Task cards with pairs of synonyms, antonym, or homophones (see attached)

Length
20 min.

Introduction

Review the definition of homophones, antonyms, and synonyms. Read two words to the class. Instruct them to “tap their temple” when they know what category the pair of word belongs. When all students are tapping their temples, instruct them to perform the exercise associated with the category.

Homophone: basketball shots

Synonym: jumping jacks -arms and legs are moving at the same time and synonym means similar

Antonym: sky reaches -arms are moving opposite of each other and antonym means opposite

Implementation

Retrieval

- 1) Place task cards in a central location.
- 2) On the teacher’s signal, students retrieve a card by walking, skipping, hopping, marching, etc. and bring the task card back to their desk.
- 3) Students walk to the poster that their pair of words belong and complete the associated exercise.
- 4) Students walk to their desk and write their pair of words in the box.
- 5) Students walk to retrieve a new card.
 - a) Students may bring their recording sheet with them to pick up a new card, so the teacher can check that words were sorted correctly.
- 6) Continue the retrieval until time expires.

Cool Down

Lead students through calming stretches at their seat. *Crescent Moon* - Touch your hands together above your head and stretch to one side, forming a slight crescent shape with your body. *Cat Pose* – Curve your back, stretch your arms out in front of you, tuck your chin to your chest, and link your fingers together. *Mountain Pose* - Sit straight, put your hands on your legs, and take a few deep breaths.

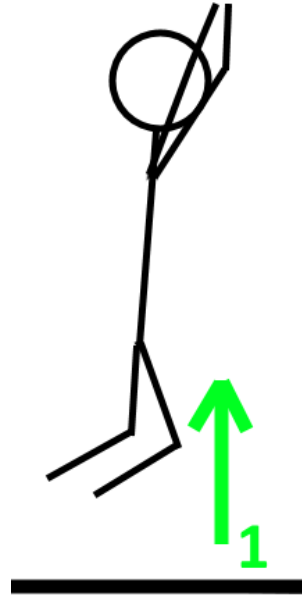
Modifications

Students may perform the associated exercises at their desk.

For less students moving around the room, assign the students into pairs.

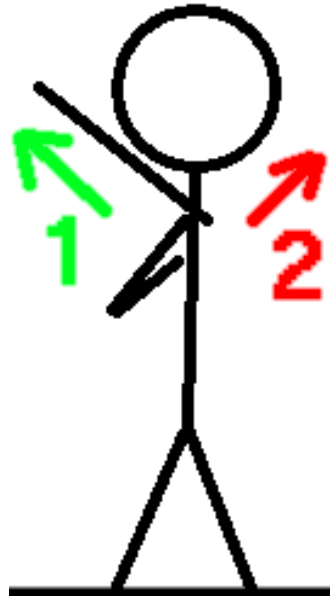


Homophones



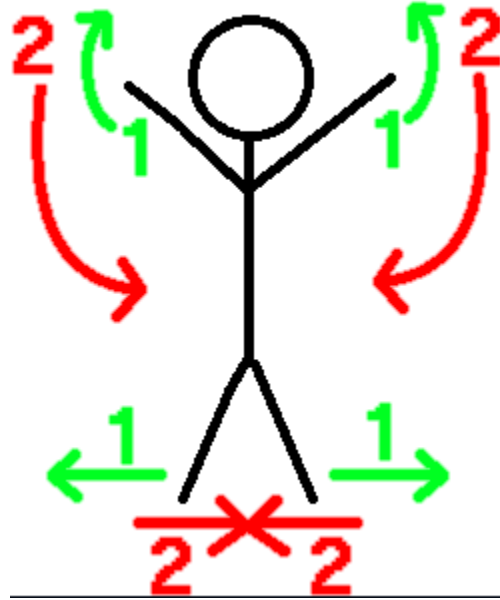
5 basketball shots

Antonyms



15 sky reaches

Synonyms



10 jumping jacks

sad

upset

angry

mad

messy

dirty

giant

huge

fact

opinion

bright

dull

scared

afraid

smart

intelligent

clean

tidy

quick

fast

difficult

simple

awake

asleep

cool

warm

division

multiplication

walk

run

addition

subtraction

secure

loose

terrible

wonderful

left

right

sit

stand

easy

difficult

bent

straight

ancient

modern

follow

lead

ashamed

embarrassed

distressed

worried

secure

tight

swiftly

quickly

observe

watch

Their

They're

terrible

awful

incorrect

wrong

enjoyable

pleasant

hard

difficult

Meet

Meat

Be

Bee

Hear

Here

Witch

Which

Weather

Whether

Our

Are

Your

You're

No

Know

To

Too

For

Four

Week

Weak

Dear

Deer

Allowed

Aloud

One

Won