

Hip! Hip! Hooray! It's the 100th Day!

- 10 jumping jacks
- 10 high knees
- 10 squats
- 10 lunges
- 10 heel raises
- 10 toe touches
- 10 arm circles
- 10 cross crawls
- 10 hops side to side
- 10 sky reaches

How many total exercises did you do?

