

# Cardinal Directions Corners

## Purpose & SOL

- Students will review cardinal directions through a game of 4 corners and the song, “Compass Rumpus.”
- Social Science 1.5b, 2.6

## Materials

- “Compass Rumpus” song on chart paper (shared from another teacher)
- Copies of song for students
- North, South, East & West labels

**Length**  
20 min.

## Introduction

Students will help the teacher label the 4 corners of the classroom and discuss the directions. To remember each location the teacher will call out a direction and students must face that way. Repeat until students are comfortable with the locations.

## Implementation

## Four Corners

- 1) After labeling the classroom, the teacher will review the 4 direction locations, where they are, and what specific things we use to remember their locations.
- 2) Then, the teacher will introduce the song. The students will practice the words and then follow along and move their bodies in that direction or to those locations.
- 3) After students have remembered the song and demonstrate that they know/remember the moves, the teacher will introduce 4 corners.
- 4) Using the labels that are already hanging in the classroom, the teacher will explain the rules of 4 corners:
  - One child will be chosen to stand in the middle of the classroom with their eyes closed.
  - The other students will each be told to pick a corner in the classroom without making any sound (be given 10 seconds).
  - The person in the middle will call out a corner (N,S, E,W). All the people at that corner will be asked to complete an exercise (5 squats, 10 jumping jacks, etc). The students at the other 3 corners will be told to complete 5 star jumps.
  - When done with the exercises the student in the middle will again close their eyes and students will switch corners in 10 seconds.
  - The person will continue in the middle for several rounds and if time allows a new student will take over
- 5) Play can continue as long as time allows.

## Cool Down

Have the students sing the song once more and have students neck roll east to west, slowly and side bend North to South to cool down.

## Modifications

Have the students perform the song for one another. See who can learn the moves and face the correct directions.





## The Compass Rumpus

You point your right arm north.  
You point your left arm south.  
You point your right arm north  
And you move it north to south.

You do the compass rumpus  
And you turn yourself south.  
Let's all point north then south.

You point your right arm east.  
You point your left arm west.  
You point your right arm east  
And you move it east to west.  
You do the compass rumpus  
And you turn yourself east.  
Let's all point west then east.

You put your whole self north.  
You put your whole self south.  
You put your whole self east  
And you boogie to the west.  
You do the compass rumpus  
And now you'll pass the test!  
Move north, south, east, and west!

North

South

**East**

west