

Move of the Month

Musical Chairs

Materials:

- Task cards
- Optional: [recording sheets for students](#)

Directions:

1. The teacher will ask students to take their chairs and create a large circle around the classroom.
2. Explain that students will play a version of musical chairs, but no one will be eliminated.
3. Each chair will have a task card.
4. Students will walk/skip/sky punch/hop/high knees/twist/donkey kick/swim/dance around while the music plays. When the music stops they must stop at the chair nearest to them and pick up that card.
5. You can use a timer to give them a minute or more to solve.
6. When they are finished, have them “hands up, stand up” to show they’re ready to move. You may choose to complete an exercise as a class before starting the music again.
7. Continue the music and have students solve problems with any remaining time.

Kindergarten

LA Sight Words [Sight Word Musical Chairs](#)

1st grade

LA Sight Words [Sight Word Musical Chairs](#)

2nd grade

SS Ancient China [Active Ancient China](#)

3rd grade

Math Multiplication [Multiplication Musical Chairs](#)

4th grade

LA Writing [Writing Musical Chairs](#)
Math Multiplication [Multiplication Musical Chairs](#)

5th grade

LA Writing [Writing Musical Chairs](#)
Math Multiplication [Multiplication Musical Chairs](#)

Helpful Links

[Greater Richmond Fit4Kids](#)
[Common Classroom Exercises](#)
[Video Demonstrations](#) - [Musical Chairs](#)

Notes

Musical chairs is great as a review for concepts students already grasp (so not everyone is waiting on one or two people).

Use any task cards to play musical chairs!