

## Purpose & SOL

- The students will identify contributions these individuals made that changed the lives of Americans.
- Social Science 2.4 (\*George Washington and Thomas Jefferson are 1<sup>st</sup> grade content.)

## Materials

- Famous Americans Cards (attached)
- [VDOE History/Social Science 2nd Grade CF](#) (Scroll to 2.4)
- [Common Classroom Exercises](#)
- Optional music

**Length**  
30 min.

## Introduction

Play a game of “Watch Me,” with the teacher modeling exercises/stretches and the students follow without talking.

# Implementation

## Around the Room

- 1) Hang posters around the room leaving space for children to group near them and exercise.
- 2) Students select a starting person and tip-toe, hop or skip to that location. (It doesn't matter where, they will be moving.)
- 3) Students start walking around the room looking at each poster until the music stops.
- 4) Students freeze and stay at the closest poster. If in between two people they can choose which one to end up at.
- 5) The teacher will read a fact/contribution of a person. The students who are at that person do “Hands Up.” Other students may point that poster. NO ONE is supposed to yell out the famous person.
- 6) The teacher will acknowledge the correct Famous American.
- 7) The students near that “Famous American,” will choose an exercise for all the other groups to complete.
- 8) The teacher can select the exercise for the winning group or it can be a “Free Choice.”
- 9) Continue playing until all information is shared about each Famous American.
- 10) Students are not locked into set groups, as they walk around they separate themselves out. (HINT: Do not allow passing one another, unless you can play outside with the posters taped to cones.)

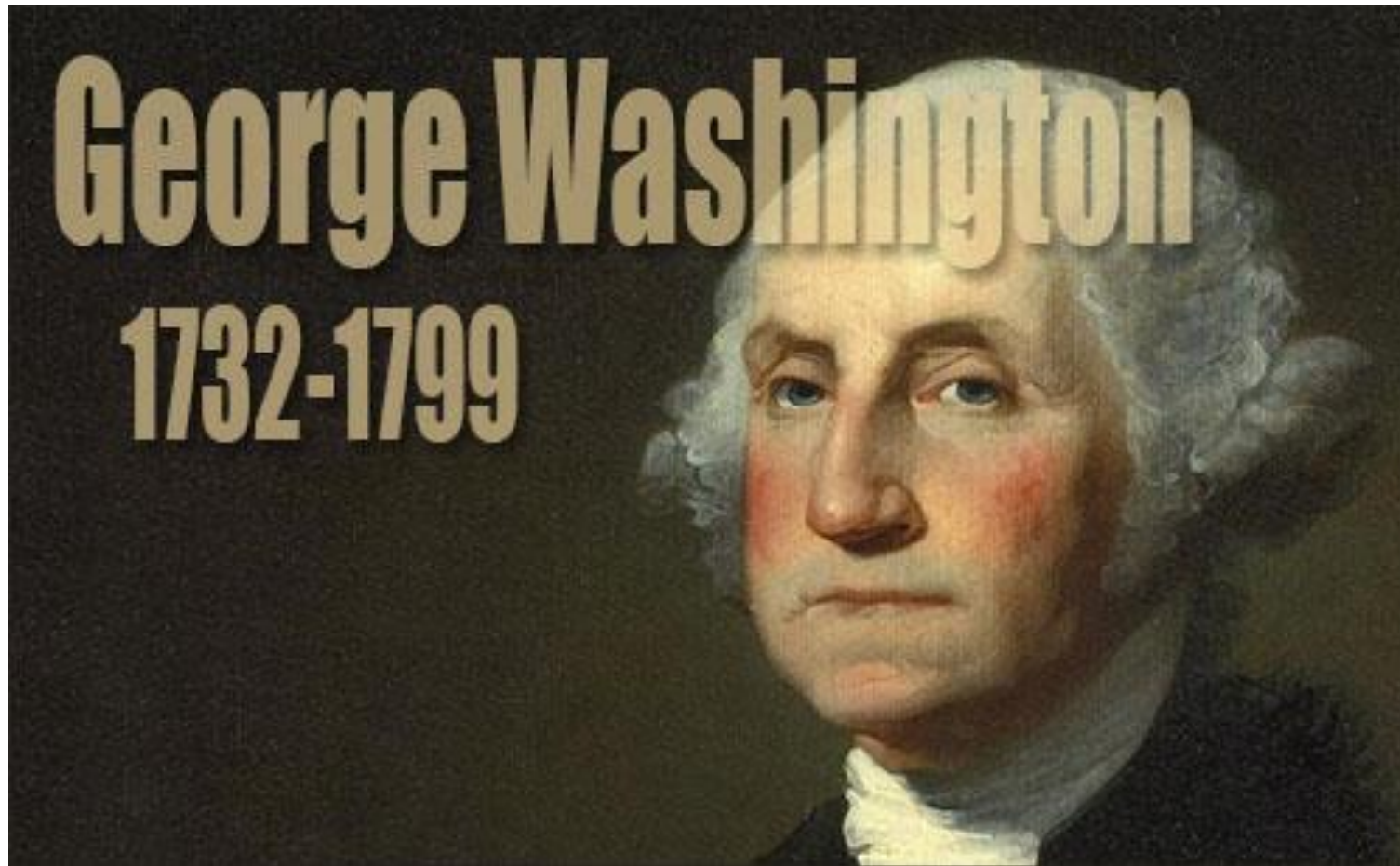
## Cool Down

Review the names of the Famous Americans by inhaling with arms moving up on the first name and slowly exhaling the last name with arms moving down.

## Modifications

Posters can be taped to cones and played outside where they could run around the circumference. Any content can use this strategy, the choices just need to be on the posters. Teacher can add an exercise card beside each poster, then the exercise is already decided for the entire class to complete.





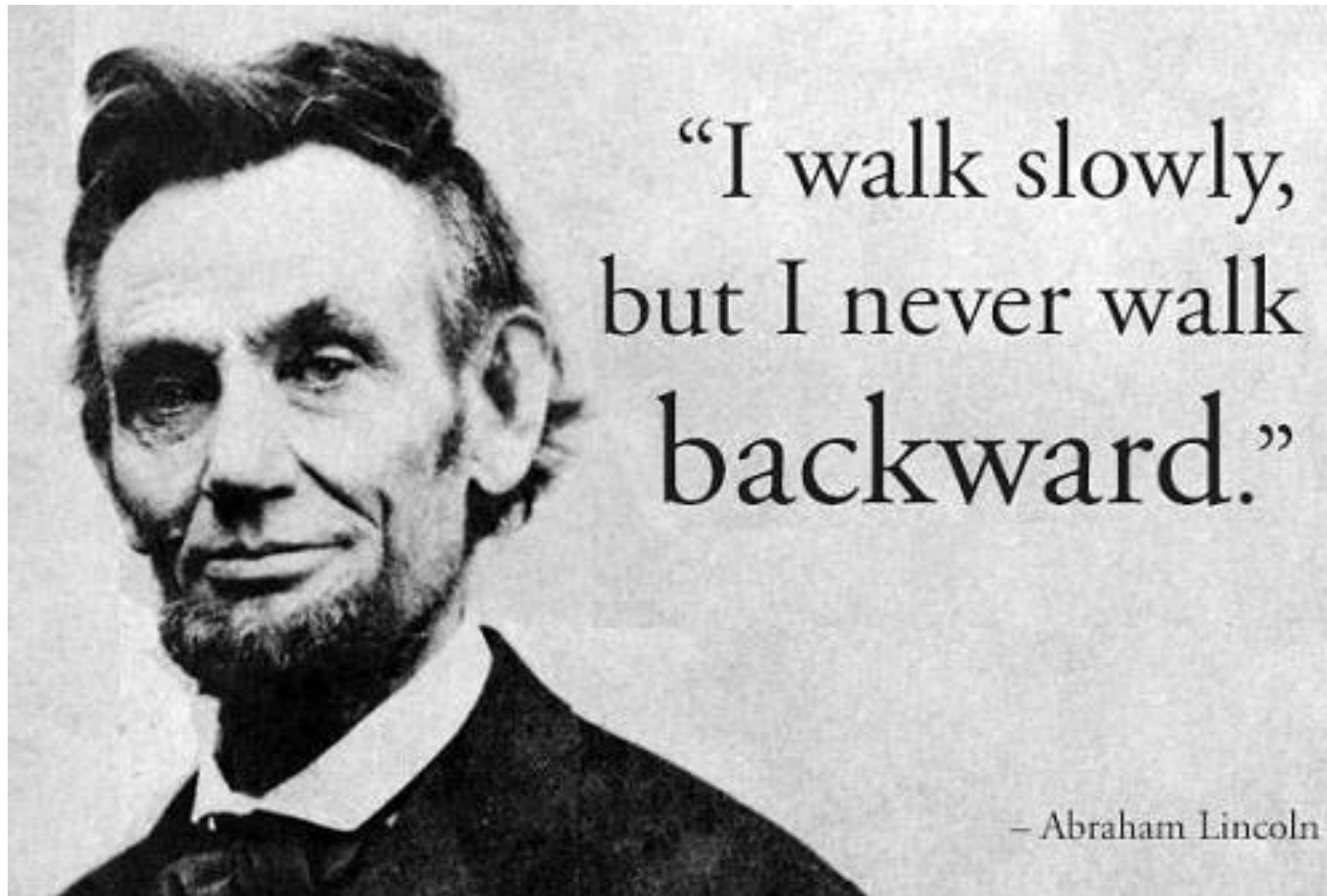
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# Thomas Jefferson



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“I walk slowly,  
but I never walk  
backward.”

– Abraham Lincoln

*Source: <http://plusquotes.com/images/quotes-img/best-quotes-abrahamlincoln.png>*

# **Abraham Lincoln**



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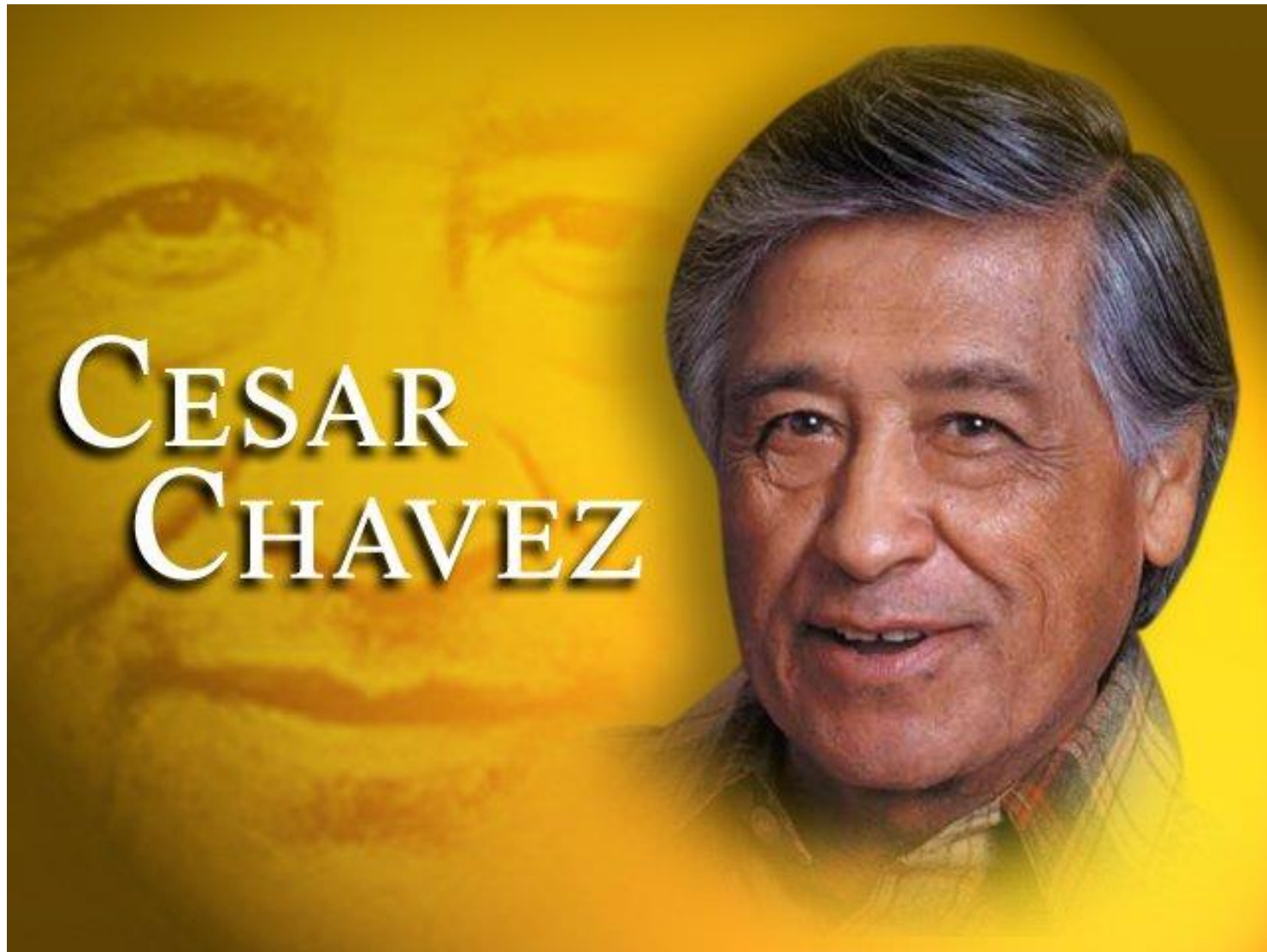
# Thurgood Marshall





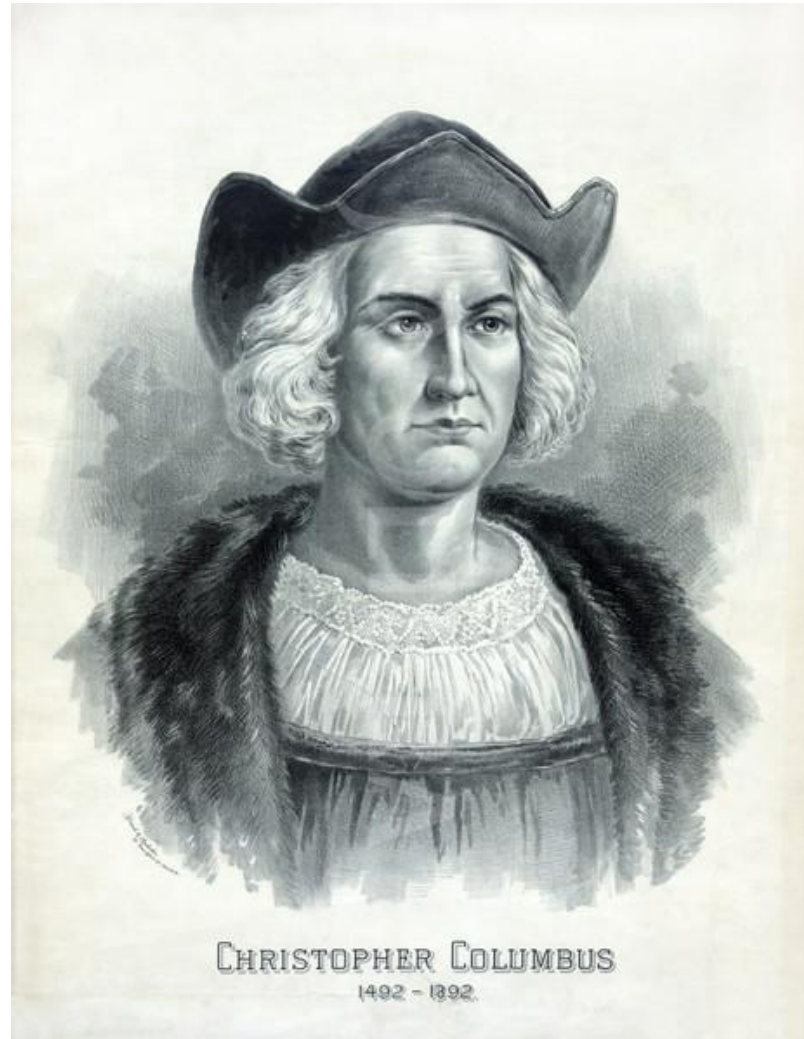
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# Martin Luther King Jr.

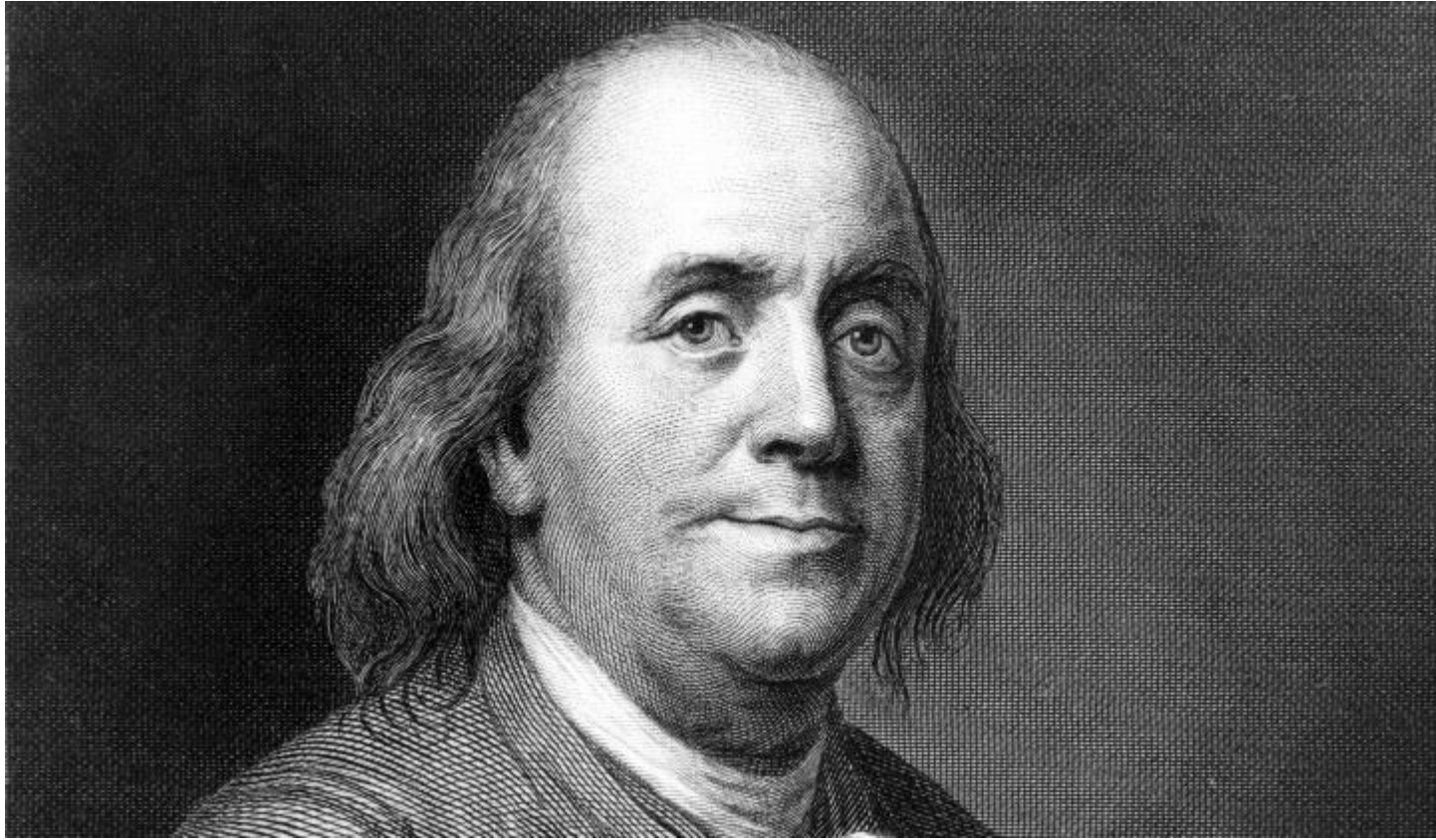


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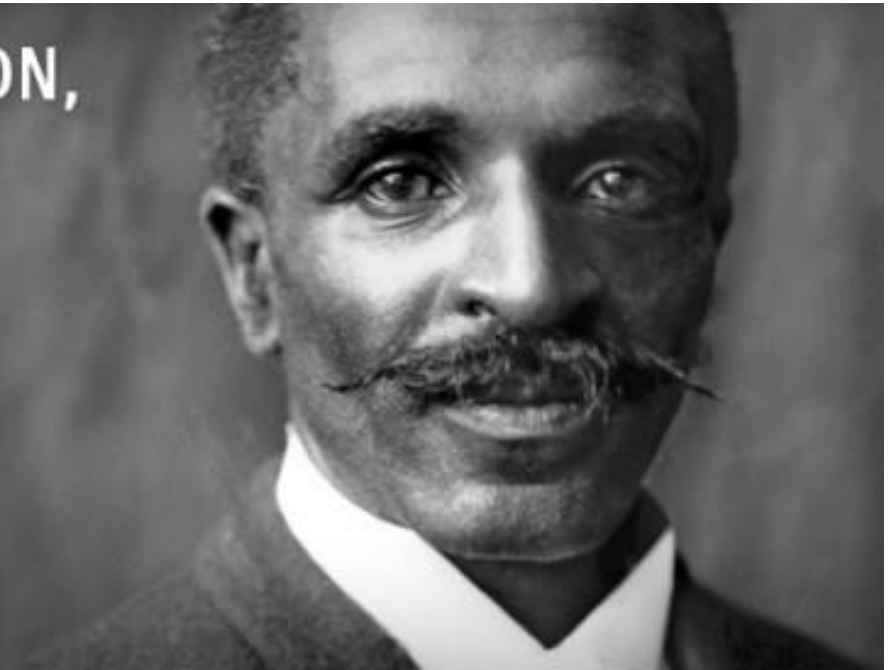
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# Benjamin Franklin

**"WHERE THERE IS NO VISION,  
THERE IS NO HOPE."**

*George Washington Carver*

[www.quote-coyote.com](http://www.quote-coyote.com)



<http://geniusquotes.org/wp-content/uploads/2014/04/george-washington-carver-quotes-facebook-cover-64910-740x273.jpg>

# **George Washington Carver**

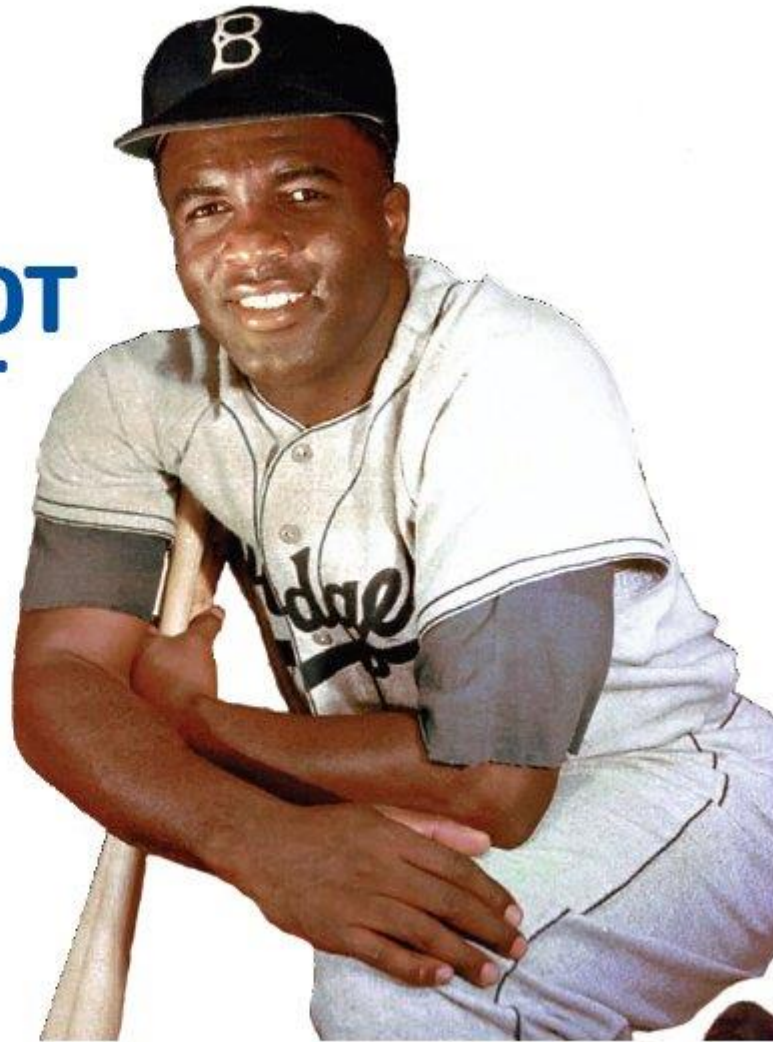


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# Helen Keller

**“A LIFE IS NOT  
IMPORTANT  
EXCEPT IN  
THE IMPACT  
IT HAS ON  
OTHER LIVES.”**

**~JACKIE ROBINSON**



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