

Purpose & SOL

- Students will use movement to create a variety of repeating and/or growing patterns.
- Math K.13, 1.14, 2.16

Materials

- Seed, Sprout, Flower, Pumpkin cards (1 card for each student).
 - Clipart courtesy of Microsoft Office Clipart.

Length
20 min.

Introduction

Review the lifecycle of a pumpkin (seed, sprout, flower, pumpkin). Review the moves that correspond: seed (crouch down and be little), sprout (slight bend in the knees, and arms out to represent leaves), flower (put your hands around your smiling face), pumpkin (reach up tall!). Repeat this ABCD pattern a few times (A: seed, B: sprout, C: flower, D: pumpkin).

Implementation

Exercise the Answer

- 1) Distribute one pattern card to each student. On the count of 3, have all students do their assigned “move.”
- 2) Start with an AB repeating pattern. Assign A to seed, and B to sprout.
- 3) Instruct all students that have the A/seed card to do their move at their seat if they’d like to come up to the front to help make the pattern.
- 4) Choose an A student to come up to the front, do their move, and hold it!
- 5) Choose a B student (by having students do their move at their seat), to come up, do their move, and hold it!
- 6) What comes next? If you think your card comes next, do your move at your desk! Choose a student with an A card to come up and continue the pattern. Continue the pattern.
- 7) Change the patterns: ABC, AAB, ABB, ABA, etc.

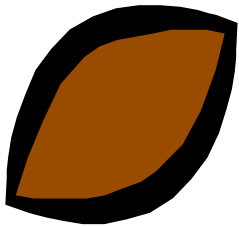
Cool Down

Repeat a SLOW ABCD (seed, sprout, flower, pumpkin) pattern. Use these moves to stretch.

Modifications

Introduce or review growing patterns (sprout, see, sprout, seed, seed, sprout, seed, seed, seed, ...)





Seed



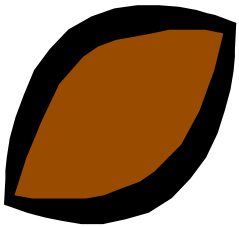
Sprout



Flower



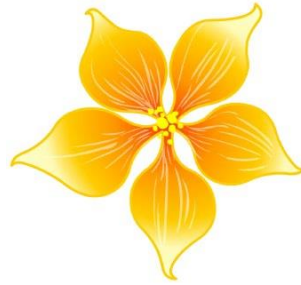
Pumpkin



Seed



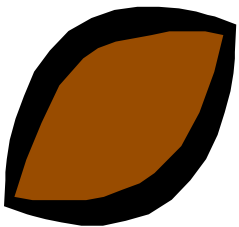
Sprout



Flower



Pumpkin



Seed



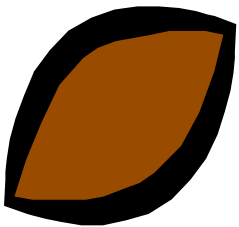
Sprout



Flower



Pumpkin



Seed



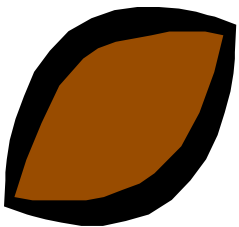
Sprout



Flower



Pumpkin



Seed



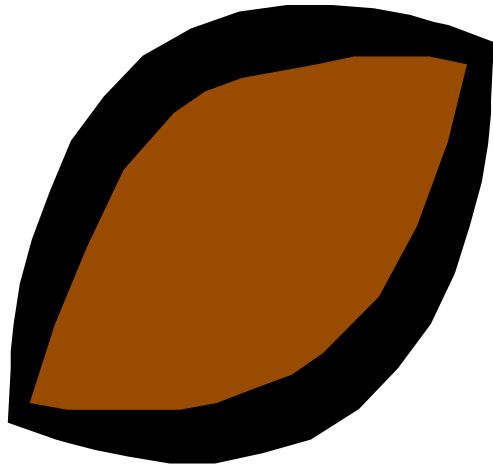
Sprout



Flower



Pumpkin



Seed



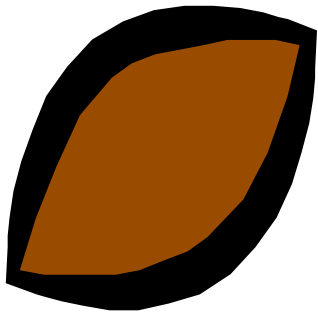
Sprout



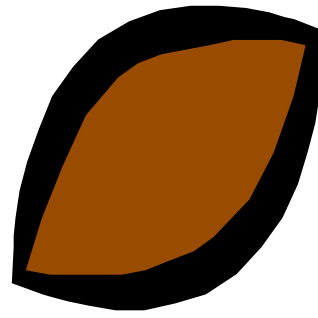
Flower



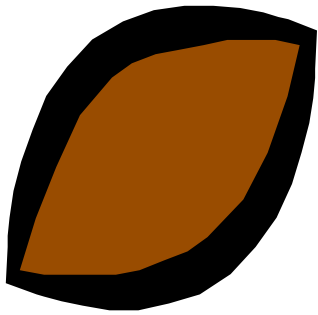
Pumpkin



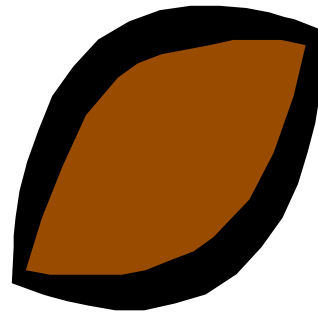
Seed



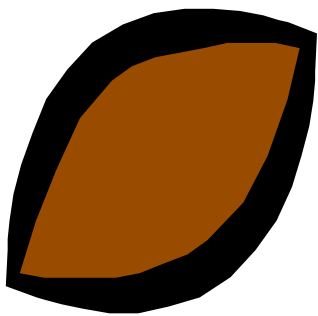
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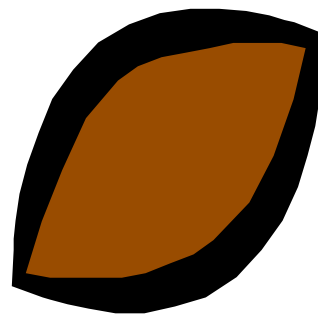
Seed



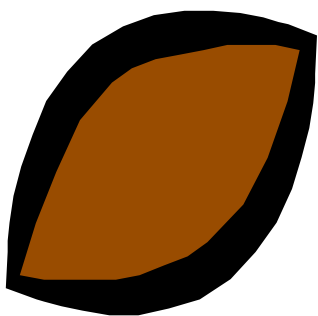
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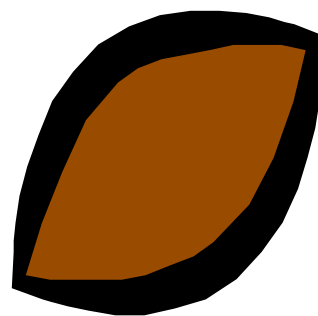
Seed



Seed



Seed



Seed



Sprout



Sprout



Sprout



Sprout



Sprout



Sprout



Sprout



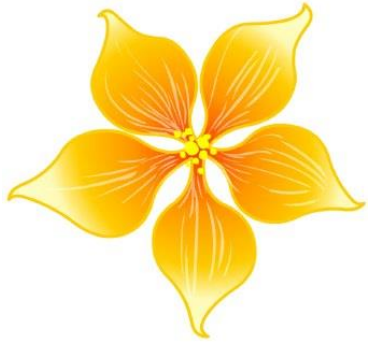
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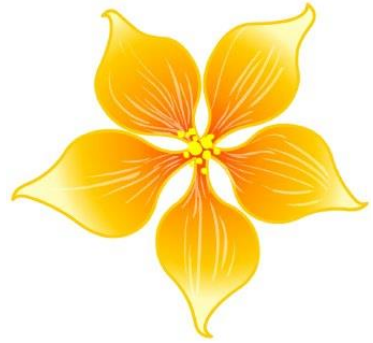
Flower



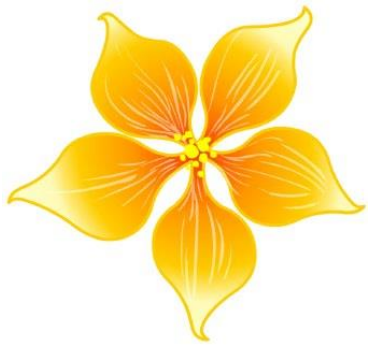
Flower



Flower



Flower



Flower



Flower



Flower



Flower



Pumpkin



Pumpkin



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