

Purpose & SOL

- Students will review the different types of resources and their role in everyday life.
- Social Studies 1.7, 2.7

Materials

- List of various types of resources (optional: write on index cards for students to draw a card)
- Resource round up signs for each of the different types of resources (see attached)

Length
20 min.

Introduction

Prepare students for the activity with a game of “seats up” to review material. Students all stand behind their desks and the teacher asks a series of review questions. Questions include, what is an example of a natural resource? Students raise their hands to answer. Select one student to respond, if they answer correctly they get to switch places with another student for the duration of “seats up.” The student can only choose a classmate that is performing the exercise of the day (is: 5 squats). Continue until lesson content is well reviewed.

Implementation

4 Corners

- 1) Place signs of 4 categories in 4 corners of the room. Assign an exercise for each category. Natural: tree pose; Human: move arms in a circular motion as if stirring a pot; Capital: squat down then open and close the oven; Not a resource: run in place.
- 2) On the ‘magic word’, the entire class will walk around the room silently while one student or teacher is in the middle with eyes closed ready to pick a card. They will countdown to from 10 and at 0 everyone must freeze.
- 3) The student or teacher will hold up a card and show it to the group. The students at the correct corner will perform their movement. The other 3 corners will complete 5 jumping jacks.
- 4) Have a student explain why or why not it fits into their category.
- 5) Have the person in the middle begin counting down from 10 once again.
- 6) Continue until all cards are reviewed.

Cool Down

Students should tiptoe back to their seats and take 3 extended inhales and extended exhales before quietly taking their seats.

Modifications

Consider playing an elimination round of the game at the end to help calm and cool students down. When their corner is called they return to their seat.



Natural Resource

Tree Pose

Human Resource

Stir the Pot

Capital Resource

Open the Oven

Not A Resource

Jog in Place