Purpose & SOL
- Students will roll dice, add/build numbers, and exercise according to their sum.
- Math 1.7a&b

Materials
- 1 di per student.
- Recording sheet.
- Number exercise posters hanging on walls around the room.
  - Clipart by Whimsy Clips.

Introduction
Introduce the Number Exercise posters to the students. Review the exercises and do the number of each exercise (2 sit ups, 3 push-ups, 4 hops on 1 foot, 5 toe touches, 6 jumping jacks, 7 jogs in place, 8 push-ups, 9 hops on 1 foot, 10 toe touches, 11 jumping jacks, 12 jogs in place. Pair up students and give each student a di and worksheet.

Implementation

Around the Room
1) Do number 1 as a class. Choose 2 students to come up to the front with their di.
2) Player 1 rolls and does that many jumps on two feet. Record the number. Player 2 rolls and does that many jumps on two feet. Record the second number.
3) The pair will count their dots on the dice or count their exercises to help them find the sum. Record the sum.
4) Find the sum on the posters around the room. The pair of students will walk over to the poster and complete the exercise. (Example: if they rolled a 3 and a 2, they find the 5 poster and do 5 toe touches.
5) They go back to their desk to roll again and make a new number sentence.
6) Allow all pairs of students to work through this at their own pace.
7) Continue with remaining time.

Cool Down
Students will reach up to the sky and fold down to touch their toes. Slowly roll up and repeat this a few times.

Modifications
Use this concept and exercise posters for many different topics - number sense, sight words, etc.

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Roll, Add, and Move!

Directions: With a partner, take turns rolling dice. Jump for each number you roll. Record your numbers and make a number sentence. Find the sum on the posters in the room, and do the assigned exercise!

1) _____ and _____ make _____ or _____ + _____ = _____
2) _____ and _____ make _____ or _____ + _____ = _____
3) _____ and _____ make _____ or _____ + _____ = _____
4) _____ and _____ make _____ or _____ + _____ = _____
5) _____ and _____ make _____ or _____ + _____ = _____
6) _____ and _____ make _____ or _____ + _____ = _____
7) _____ and _____ make _____ or _____ + _____ = _____
8) _____ and _____ make _____ or _____ + _____ = _____
9) _____ and _____ make _____ or _____ + _____ = _____
10) _____ and _____ make _____ or _____ + _____ = _____
11) _____ and _____ make _____ or _____ + _____ = _____
12) _____ and _____ make _____ or _____ + _____ = _____
2

Sit Ups
3

Push Ups
4

Hops on 1 Foot
Toe Touches
6

Jumping Jacks
7

Jogs in Place
8

Push Ups
9

Hops on 1 Foot
10

Toe Touches
11
Jumping Jacks
12
Jogs in Place