

Purpose & SOL

- The student will recall basic addition facts.
- Math 1.7b, 2.5b

Materials

- Deck of cards (face cards are a value of 10, aces are 1) **OR** a
- Standard di
- [Common Classroom Exercises](#)
- Attached “Sum Day for Fitness” recording sheet

Length
25 min.

Introduction

The teacher reviews a few facts by rolling two dice or pulling two cards and the class says the complete equation. The teacher selects or may call on a student to select an exercise or a stretch and the entire class completes the sum amount.

If teacher is only allowing certain exercises, these should be reviewed at this time.

Implementation

Exercise the Answer

- 1) Students can work independently, with partners or in a small group.
- 2) The student pulls two cards, or rolls the dice and records each number as an addend.
- 3) The student calculates the sum.
- 4) The student says the complete number equation. (5 plus 1 equals 6.)
- 5) The student selects an exercise from the sheet and the partner or entire group complete that many of the sum together.

Cool Down

Teacher has a student roll the dice or pull two cards. Students say the complete equation and exercise their sums with shoulder rolls, side bends, gentle stretches or breathing exercises.

Modifications

Teacher creates number cards or di with set numbers to review explicit facts that need reinforcement.

Teacher can use current class month and date and during calendar, the class exercises out the sum. (March 17th would be 3 (month #) plus 17 (date) = 20.) The higher numbers will differentiate for all learners and it provides repeated practice throughout the school year.



Sum Day for Fitness!



Name _____

Date _____

Roll a dice / choose a card and write the number for the first addend.

Repeat again for the second addend and record.

Using a number strategy find your sum.

Take the sum and do that many exercises.

	<u>Sentence</u>	<u>Sum</u>
1.	+ =	
2.	+ =	
3.	+ =	
4.	+ =	
5.	+ =	
6.	+ =	
7.	+ =	
8.	+ =	
9.	+ =	
10.	+ =	
11.	+ =	
12.	+ =	
13.	+ =	
14.	+ =	
15.	+ =	

	<u>Sentence</u>	<u>Sum</u>
16.	+ =	
17.	+ =	
18.	+ =	
19.	+ =	
20.	+ =	
21.	+ =	
22.	+ =	
23.	+ =	
24.	+ =	
25.	+ =	
26.	+ =	
27.	+ =	
28.	+ =	
29.	+ =	
30.	+ =	