

Move of the Month

Grab & Go & Rescue

Materials:

- Task cards
- Optional: [Recording sheets for students](#)

Directions:

Grab & Go aka Retrieval

1. Task cards are placed in a centralized location (typically face down).
2. Students retrieve a card by walking, skipping, hopping, marching, etc. and bring it back to their seat.
3. They will then complete the problem on a separate worksheet or on their whiteboard.
4. After completing the problem they will do the exercise listed on the card, or complete a set number of an exercise picked by the class prior to the start of the activity.
5. Then they return the card face down and grab a new one.
6. Play continues until they have completed all of the cards or time is up.
7. Retrievals can be played in partners or individually.

Rescue

Rescue is executed exactly like 'Retrieval' except that the students must be 'rescued' (checked off) from a teacher or helper before going to retrieve a new card.

*Partners work well for rescue since the teacher has less papers to check.

Kindergarten

LA	Letters	Heidi Butkus ABC Song
Math	Time	Tick, Tock, Set the Clock
Math	Compare Numbers	Comparing Numbers War

1st grade

LA	Rhyme	Go Fish for Rhymes
Math	Compare Numbers	Comparing Numbers War
Math	Place Value	Find the One's Place
Math	Skip Counting	Hopping by Twos

2nd grade

LA	Punctuation	What's Your Solution?
LA	Homophone	Homophone Hop
Math	Compare Numbers	Comparing Numbers War
Math	Place Value	Find the One's Place

3rd grade

Math	Compare Numbers	Comparing Numbers War
LA	Syn., Ant., Homophones	Syn., Ant. Homophone Fitness
LA	Homophones	Homophone Fitness

4th grade

Math	Compare Numbers	Comparing Numbers War
LA	Syn., Ant., Homophones	Syn., Ant. Homophone Fitness
LA	Homophones	Homophone Fitness

5th grade

Math	Compare Numbers	Comparing Numbers War
LA	Syn., Ant., Homophones	Syn., Ant. Homophone Fitness
LA	Homophones	Homophone Fitness

Helpful Links

- [Greater Richmond Fit4Kids](#)
- [Common Classroom Exercises](#) - Use with counting or skip counting, assign exercise for answer, or use for brain breaks!
- [PowerPoint Presentations](#) – Many of these presentations are ‘exercise the answer’ activities performed behind the students’ seats.
- [Grab and Go \(aka Retrieval\) on YouTube.](#)

Notes

Grab and Go is great for when students are still working to grasp material, so all students can work at their own pace.

Grab & Go is easy to differentiate. If you print different leveled task cards on different colored paper. Instruct one group to pick one color and the other group to pick up the other color.