Do you want to build a snowman?
You have 30 seconds to build a pretend snowman.

Polar Bears and Penguins
For twenty seconds, half the class pretends to be a polar bear while the other half pretends to penguins, then switch.

Winter Walk
Walk in different winter ways.
• Through a blizzard
• Through a snowball fight, not wanting to get hit
• On icy sidewalks

Snowflake Twirl
Twirl like a snowflake. Count backwards from 10.

Snowball Fight
Throw your pretend snowballs at your classmates. Count backwards from 20.

Snow Shovel
It snowed! Pretend to shovel snow for 15 seconds. Remember snow can be extremely heavy!

Ice Statues
The ice froze you into a statue! Stand completely still. Choose one ice statue:
• Ice skater, snowman, person shoveling, Animal, reading a book,

Ice Skate
The floor to the room is frozen! With your hands behind your back, pretend to skate around the room.

Time to Hibernate
One student is Old Man Winter. The rest of the students walk slowly around the room. Old Man Winter taps the animal, he goes into hibernation. When he claps his hands, all animals wake up again.

Walk Through the Snow
High march around the room in the pretend snow. Count backwards from 20.

Images from www.mycutegraphics.com

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