

I Heart My Heart!

I get a kick out of you!

Kick each leg
10 times

My heart skips a beat!

Skip for 30 seconds

You make my heart race!

Run in place
for 1 minute

I'm hooked on you!

Find a neighbor,
hook arms, and
hop 5 times

You are just write for me!

Write 3 giant hearts
in the air
with each foot

You are too cool!

Take 2 deep breathes
to cool down

