Fall Rainbow Salad

Toss together a simple fall salad with what's growing in the garden or what you can find at any market. This salad is full of color and flavor.

You will need:
2 cups shredded carrots
2 cups shredded beets
1 thinly sliced green apple
2 cups baby spinach

For the dressing:
½ cup olive oil
½ cup vinegar
¼ cup honey

1. Slice the green apple thinly and add spinach, carrots, and beets. Give everything a good toss to mix the colors. You can purchase bags of shredded beets in carrots in your grocery store.
2. Make the dressing by mixing the ingredients in a jar with a lid and give it a good shake!
3. Toss everything together and enjoy!