Brocauli Salad

Try this recipe from the Fit4Kids learning garden with your family. Toss together a simple summer salad with what's growing in the garden or what you can find in any market! **Serves 6**



Salad

- 3 cups cauliflower, small florets
- 3 cups broccoli, small florets
- ½ bunch of green onions, chopped



Dressing

1/4 cup olive oil1/8 cup apple cider vinegar



- 1. Chop cauliflower head into small florets.
- 2. Chop broccoli head into small florets.
- 3. Chop half bunch of green onions.
- 4. Put 3 cups of cauliflower florets, 3 cups of broccoli florets, and onions into a bowl and stir.
- 5. Put 1/4 cup olive oil and 1/8 cup apple cider vinegar into a jar and shake! Pour of brocauli salad!



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